

PUPO'S
195 Maple Ave.
at Prince Charles Drive,
Welland

Fire safety

Port firefighters host open house
Page 3

Picturing Iraq

Photographer teaches craft abroad
Page 12

Hit the road, Joe

Port comedian going on tour
Page 10

Walk for hope

Country Walk on Sunday
Page 16

Rates need
lowering?
I'M THERE

State Farm
Canada Home Office Auto. Group
Mark Guillebeau, Agent
Port Colborne
905-835-0521 • www.markguillebeau.com



INPORT NEWS

SERVING PORT COLBORNE • WAINFLEET • SHERKSTON • LOWBANKS • ISSUE NO. 41 VOLUME 15

For news updated daily see www.inportnews.ca**WELLNESS CENTRE**

Building a foundation one brick at a time

EDDIE CHAU
InPort News Staff

PORT COLBORNE — Bricks are building blocks for a strong foundation. In the centre of Port Colborne's health and wellness complex, a foundation will be built by the community. And a brick with your name on it will prove it.

The city announced last week its first fundraising campaign for the centre via the dedication walkway.

"Everyone can show support through the brick campaign. You can honour individuals, companies ... a loved one with their name in a brick. The walkway will be used to enrich the lives of healthy individuals and a healthy community," said Mayor Vance Badaway at the health and wellness centre construction site off Elizabeth St.

"The contribution will affect the lives of many for many years to come."

see **BUILDING** | page 2

NEW CENTRE: Construction on schedule

'Flagship' for community activities



DAVE JOHNSON Staff Photo

Work on Port Colborne's new health and wellness centre is still on schedule says Mayor Vance Badaway. He says the centre is starting to attract attention from people passing through the city.

DAVE JOHNSON
InPort News Staff

PORT COLBORNE — Construction of Port Colborne's health and wellness centre is on schedule, says Mayor Vance Badaway.

"It's going great," says Badaway.

The mayor receives weekly updates which are passed on to councillors.

"We're starting to see things take shape there."

Crews from AquiCon Construction Co. Ltd. and various subcontractors are working to get the centre closed in before winter weather sets in.

"One of the subs (subcontractors) say AquiCon is a great company to work with. The company is very committed to the project," Badaway said.

see **CENTRE** | page 2

www.HometownRealEstateGuy.com

Michael Smith
SALES REPRESENTATIVE

NEW FOR 2011

Michael now offers FREE on site storage and moving services for your individual clients subject to availability.



ROYALLEPAGE
Real Estate Experts

Ph: 905-834-9000

OPEN HOUSE SUNDAY 2:30 - 4 P.M.



347 BARRICK RD PG • \$244,900

NEW LISTING! Great 3 bdm raised bungalow with many updates, lower level fam room with gas fireplace and 400 sq ft bonus bedroom and 2nd bath with plus wonderful back yard retreat with Inground salt water pool.



347 BARRICK RD PG • \$244,900



661 FIELDEN AVE

IN ONLY 3 YEARS MICHAEL HAS EARNED THE RANKING OF PORT COLBORNE'S TOP 2010 INDIVIDUAL PRODUCER

A fresh and successful approach to buying or selling your biggest investment in what you are looking for, give Michael a call to discuss your next move!

■ CENTRE

'We can offer services to the whole region'

FROM PAGE A1

The mayor says the relationship the city has with the company is great, and gives their workmanship an A+.

People from outside of Port Colborne have started to take notice of the construction of the centre, adding those people are asking questions about the centre, things like what will be inside and what kind of programming there will be.

Once the unnamed centre

is completed, it will feature two NHL-size arenas, an aquatics centre, gym, fitness and change rooms, bocce courts and a running track. Outside will see a playground area, baseball diamonds and soccer fields.

"This is not just a city of Port Colborne facilities, we can offer services to the whole region. The centre will be the only one of its kind in the area. You won't just see hockey games and practices, we'll have develop-

ment camps for players and coaches."

Badaway says the city will partner with both Port Colborne and Lakeshore Catholic high schools to offer them both more programming.

"The centre can be a flag-shipping event for activities in the community."

The city will soon put out a request for proposal for someone to carry out programming for the new centre once it is open next year.



DAVE JOHNSON Staff Photo

Work on Port Colborne's new Health and Wellness Centre is still on schedule said Mayor Vance Badaway. He said the centre is starting to attract attention from people passing through the city.

■ BUILDING



EDDIE CHAU Staff Photo

Port Colborne Mayor Vance Badaway and Ward 1 Coun. Bill Steele, chair of the city's health and wellness centre committee, announce Tuesday a fundraising initiative in which donors can sponsor a brick on the dedication walkway to be built at the facility.

Engraved bricks begin at \$100 donations

FROM PAGE A1

A single brick with a name or message engraved will run for a \$100 donation. A double brick with one to five lines engraved will cost \$150.

For \$250, a company or business name can be engraved on a 12-by-12-inch brick. A business logo and name can be immortalized on a brick for a \$500 donation.

The city is hoping to raise

\$3 million through the walkway campaign and yet-to-be-launched arena chair campaigns through which people can sponsor an arena chair once the facility is built. About \$100,000 has been raised so far through fundraising, Badaway said.

"We want to ensure it's being built affordably and not burden the taxpayers," Badaway said. "It's a community-minded project." Bill Steele, a Ward 1 councillor and chair of the health and wellness centre committee, said payments will be accepted on the city's website — www.portcolborne.ca — starting Oct. 15 while donations can now be made at city hall or any city facility such as the museum or library.

More information can be found on the city's website.

It's Time to Plant



- Flowering Shrubs
- 30%-50% OFF
- Evergreens
- Perennials
- Trees
- Vines

Shop today for the best selection!

CIL, Scotts, Speare grass seed
CIL & Scotts lawn fertilizer

20% OFF

Fall Decorating!

- Garden Mums
- Pumpkins
- Corn Stalks
- Straw

PAUL'S

Garden Centre
Premium Products
Great Service
Fair Prices
Always...!!

portraits

■ OPEN HOUSE: Fire prevention week

Teaching fire safety

DAVE JOHNSON
InPort News Staff

PORTE COBORNE — A zip line was a big attraction at Port Colborne Fire and Emergency Services open house last Saturday.

The fire service held the open house, with the theme of Protect Your Family From Fire, to talk fire safety with children and their families and to kick off Fire Prevention Week, which starts Tuesday.

Capt. Bill Teal, one of the fire prevention officers at the open house is held every year.

Teal said there was a station set up where children learned what to do when a smoke alarm went off. The station had a door which the children couldn't use because it was hot, meaning there was fire behind it. The children had to crawl through a tube to escape the heat.

A fire rescue house, in the form of a bouncy castle, was also set up for children to play in and Sparky the Fire Dog was also roaming around the fire hall.

All of the fire service's trucks were also on display and open for children to explore and children had a



DAVE JOHNSON Staff Photo
Drayden Donohue, 5, goes down a zip line set up by Port Colborne Fire and Emergency Services.

chance to use a fire hose as well, with help from a firefighter.

But the big attraction was the zip line.

Teal said children had to go to the entrance of the station and show they completed it by getting a sticker, before they could go on the zip line. It's the second year in a row the technical rescue team set up a line.

The line stretched from a hill behind the fire hall down toward the parking lot.

Children were in harnesses and wore safety helmets as they went down with huge smiles on their faces.

Teal said the fire prevention week kicks off, firefighters will be going door-to-door to check that people have working smoke alarms.

"It's been proven working smoke alarms save lives," said Teal.

He said people should check the alarms at least once a month to make sure they are operating and change the batteries at least once a year. If a resident thinks there's a problem with their smoke alarm, they can contact the fire service who will come out and check it.

Working smoke alarms should be installed on every storey of a home and outside sleeping areas.

While not mandatory, firefighters also recommend installing carbon-monoxide detectors.

Teal said the day went well, and a couple hundred of people came through the fire hall. Enbridge, Sobeys and No Frills helped with the day and volunteer and professional firefighters volunteered their time to help out.



DAVE JOHNSON Staff Photos

ABOVE: Port Colborne Fire and Emergency Services firefighter Ian Roberts helps Riley Boyes, 11, use a fire hose. The fire service held an open house on Saturday to help kick off Fire Prevention Week.

LEFT: Zoey Snider, 5, makes her way through an obstacle course set up by Port Colborne Fire and Emergency Services.



INPORT NEWS

Published by InPort News

Sun Media Corp.

228 East Main Street, Welland, Ontario, L3B 5P5

Tel: 905-732-2414 Fax: 905-732-3660

import@wellandtribune.ca

Ken Koyama, publisher, general manager

Dave Johnson, Inport News senior reporter



ourview

A vote for change?

Cindy Forster, Welland riding's new MPP, declared her election victory as evidence of change and a vote of optimism and hope.

The NDP had held a stranglehold on the riding, in its various forms, since Mel Swart took office in 1975. Swart was followed by Peter Konomos in 1988.

So we question how she can declare the win as evidence of change.

It's not change. It was a vote for the status quo in the riding, which at its core has always been Welland, but now includes Wainfleet, Thorold, Port Colborne and parts of South St. Catharines.

To declare a vote for change, then one of the other candidates would have had to have been elected. A real change in Welland riding would have seen Conservative Domenic Ursini, Liberal Bertil Mercier, Green candidate Donna Cridland or at the extreme end, a NDP candidate.

Holding a Liberal election would have given Welland riding a seat at the table at Queen's Park, and could have pushed the Liberals into a majority government. If a Conservative had been elected, it would have given the riding a very strong voice in opposition, as the riding butts up against Progressive Conservative Leader Tim Hudak's home riding.

Unfortunately the Green and Libertarian candidates never stood a chance against the established parties, but for one of them to have been elected would have been real change indeed.

What this province, and riding, needs is to move forward and strengthen the economy. To find jobs or create new ones for those people in this area and beyond who have lost them over the years.

We need a government that, despite all of the political differences, can find a way to work together and do what is best for the people that put them there, not what is best for themselves or their parties.

STRONG FOUNDATION

Bricks are building blocks for a strong foundation.

In the case of Port Colborne's health and wellness centre its foundation will be built by the community.

Last week, the city announced its first fundraising campaign for the centre via a dedication walkway.

A single brick with a name or message engraved will run for a \$100 donation. A double brick with one to five lines engraved will cost \$150.

For \$250, a company or business name can be engraved on a 12 by 12-inch brick. A business logo and name can be immortalized on a brick for a \$500 donation.

The city is hoping to raise \$3 million through the walkway campaign and yet-to-be-launched arena chair campaigns through which people can sponsor an arena chair once the facility is built. About \$100,000 has been raised so far through fundraising.

This kind of fundraising effort has been carried out in the community in the past and has been successful.

We're sure this campaign will be just as successful and encourage those that can buy a brick.

I'VE BEEN THINKING

Finish strong, go for the gold

PASTOR GARY TOMIUCK
Wainfleet Congregational Christian Church

There are three different medals that are given to those Olympians whose performance is good better and best in reverse order they are gold silver and bronze.

Strange as it may seem the least favourite medal is silver. Some recipients have said "If I only tried to win silver I could have received the gold" while those who have received the bronze said "Wow I've just made it".

The lesson to be learned for all of us is to try our best at any worthwhile pursuit or to simply give a golden effort. God gave his very best, he gave his son for us.

Aim high even though we often fall short. Aim at nothing and you will hit it everywhere. A story is told of an archer who thought arrows that were shot into the side of a barn wall. The unusual fact was that each arrow was in the centre of each bullseye. Upon further investigation it was discovered that this person was known as the village idiot. "Then how does he always manage to hit the bullseye?"

Oh that's easy someone said, he just shoots the arrow into the heavenly Holiest of All with his own shed blood. Those clothes are washed in the blood of Jesus and they become sparkling white. The "one who conquers will be clothed in White" (Revelation 3:5). "And though your sins are like scarlet they shall be as white as now" (Isaiah 1:18). Finally in John's vision as the glorified Son of Man he writes

They think that they can catch it as they are so focused on the object before them.

readers' views

Thanks for the support

The 31st annual Terry Fox Run in Port Colborne was a fun and successful day, raising \$12,450.60, and we'd like to thank everyone involved.

The day started with our fifth head shave. Fifteen people, including Mayor Vanci Badawley, lost their hair with the help of Donna, owner of Donna's Unisex Salon, and Leah, owner of Leah's Locks.

GENERAL NOTICE: The contents of this newspaper are protected by copyright and may be used only for personal, non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For further information, contact Dave Johnson.

LETTERS TO THE EDITOR: Copyright in letters and other material submitted to the publisher and accepted for publication remains with the author, but the publisher and its licensees may freely reproduce them in print, electronic or other form.

"The hairs of his head were white like wool, like snow" (Revelation 1:14).

Now we come to the final colour which is 3) Gold. Just as king Ahasuerus held out the Golden scepter to Ester (Ester 5:2).

All people can come to the King of Kings as he holds out the Golden sceptre of His grace to them. "But that the Father gives me will come to me, and he who comes to me I will never cast out" (John 6:37).

Gold was precious, it was priceless, it was fit for a King. The wisemen brought Gold, Frankincense and Myrrh to the Christ child (Matthew 2:11) and finally the risen and glorified Lord is clothed with a long robe with a Golden sash around his chest. (Revelation 1:13)

1. Red. 2. White. 3. Gold.

Christians will not have to face the judgment seat of God alone, but all unbelievers will have to face unless they repent. But Christians will have to face the Bema seat judgment as their works will be tried by fire. If they pass the test they will be like Gold, Silver and precious stones. If they fail the testing they will burn up like wood, hay and stubble. Yet they will be saved.

As you run the race remember that the Lord always prays for you he loves you and carries you. You can find strength in his personal promise extended to you. Grace saves you, Grace continues with you and Grace will one day bring us all the way home. Let us run with perseverance the race set before us. (Hebrews 12:1) and go for the Gold.

Believers concentrate and focus on the Lord Jesus ran the race before them. With purpose and resolve, strength and empowered by the Holy Spirit they run flat out for God. But they must also learn to pace themselves, to train diligently, to practice self-denial and to engage in self-discipline daily. It is not only important to run the race we must also finish it. The apostle Paul said in 2 Timothy 4:7 "I have run the race" It is also important to compete according to the rules. Usain

Bolt spent hundreds of hours in training but was disqualified because of a false start and he lost the race. The Bible gives us directions, instructions and guidance for running the race of life. Let's change the gold, silver, and bronze medals for three more colours and they are red white and gold. Red and Gold as these were the primary colours that made up his garments. And especially once a year on the Day of Atonement he would enter the Holy of Holies and sacrifice an offering for himself as for his people. His white robe became red.

And did not the Lord Jesus, the greatest high priest of all entered the heavenly Holiest of All with his own shed blood? Those clothes are washed in the blood of Jesus and they become sparkling white.

The "one who conquers will be clothed in White" (Revelation 3:5). "And though your sins are like scarlet they shall be as white as now" (Isaiah 1:18). Finally in John's vision as the glorified Son of Man he writes

possible by donations from Arlie Florist and Gift Shoppe, Buckner's Source for Sports, Crews Quarries Gifts, Drifters Restaurant, Glam Girl, Grants Gifts, Photography by Pamela, Port Electronics, Shapes Beauty Salon, Something Else, Super Mario's Pizzeria and The Spa. Thanks to all the volunteers who make run day fun and to participants.

Nancy Salvage and
Leigh MacKinnon
Port Colborne Terry Fox Run

■ COLUMN

Local library has a lot to offer

LINDSAY COSTELLO
Special to InPort News

I t's not just a place for bookworms anymore.

The Port Colborne Library offers a variety of programming and activities for people of all ages, making it a valuable asset to the community and those seeking to learn new skills, meet new people or simply have a good time.

With everything from yoga to cooking, there is something for everyone in the library that goes beyond book borrowing. Whether it be watching a film or learning to knit, there is no shortage of variety when it comes to educating and entertaining.

"People come in here from other places and they say 'Wow,'" said Librarian Val Catton of the spacious environment that houses its many resources. She said that for the size of the city, Port Colborne is unique in that there is enough room to accommodate the needs of the public and the extra space provides the opportunity to offer more options.

In addition to the main floor and children's area upstairs, the library has an auditorium downstairs that can be used to house larger groups for various activities.

A main floor seating area is also home to Art in the Library, in which local artists and artisans are featured throughout the year and can display their work for the public to enjoy.

George Sanders' exhibit of paintings makes up the latest display, which will conclude tomorrow to prepare for the installation of the following exhibit, which will feature Bird Carvings by Jack Oskam and run until Nov. 15.

Catton said book borrowing has been fairly consistent and has not seen a decline, with the addition of e-books. The library's Internet access is also a draw, which Catton said has created a steady traffic flow from open until close.

While tradition library activities are still booming, the extra options are seemingly endless and readily available to those interested.

"A lot of our programs are free," said Catton, adding that while some activities are offered at a cost, the staff do their best to make their programming accessible and keep costs to a minimum. Although all are welcome, Catton said pre-registration is often required because of space limitations.

She said the children's programs are well attended and that the arts and crafts projects are a main draw for young people.

Stacey Hol, who works at the library, said she sees the most of the library's efforts to coordinate the projects to coincide with memorable dates. For Thanksgiving, she helped participants create a turkey-inspired candy dish and is preparing to lead a Halloween craft later this month.

Another activity designed in the spirit of Halloween will be a spooky make up demonstration taking place on Oct. 20 that will teach participants how to create special effects.

Catton said because people have busy lives, a variety of interests, it is important to offer different options to determine if programs will draw a crowd and hold the interest of those involved.

She said attendance varies depending on the program but that people show up for a variety of reasons, whether it be strictly to learn a new skill or for the social aspect that comes with the group



LINDSAY COSTELLO InPort News Photo
Five-year-old Hannah Sunday creates a Thanksgiving-themed candy dish during an arts and crafts session at the Port Colborne Library last weekend. Crafts are one of the many children's programs the library offers.

setting.

October is National Library Month and a new month will bring new programs to the city. Song writing workshops with Niagara folk/rock artist Kelly MacDonald begin this weekend as well as Introduction to Genealogy, which begins Oct. 25 and

teaches methods used to delve into one's family history.

For more information on the library's resources and programming, visit www.portcolbornelibrary.org or stop by 310 King St. to pick up a copy of their quarterly newsletter.

MURDOCH'S Celebrating 52 Years as Tire & Mechanical Experts

OUTSMART WINTER WITH MICHELIN® TIRES

Stop up to 2.7 in shorter* in icy conditions with MICHELIN® X-Ice® X2™ tires.

*Based on internal ice braking test results versus Goodyear® Ultra Grip Ice 255/55R18eez.

**SAVE \$110 WITH MICHELIN® \$70 MAIL-IN REBATE PLUS
MURDOCH TIRE \$40 SAVINGS ON MICHELIN®**

MICHELIN® offers safe, fuel efficient, long-lasting tires that provide exceptional performance and extraordinary value.



IN STORE PROMOTION

MICHELIN® X-Ice®

P175/70R13

\$124 EACH

Save \$40 more
ON A SET OF 4 TIRES

\$456



MICHELIN® HydroEdge®

P185/70R14

\$139 EACH

Save \$40 more
ON A SET OF 4 TIRES

\$516



Nitrogen Fill \$29.95
with 4 Tires Purchase

Buy 4 safe
MICHELIN® tires
RECEIVE MAIL-IN
REBATE OF
\$70

From October 1 to November 30, 2011
on Passenger or A/T/ATL tire only
Limit one mail-in rebate per customer

COMPLETE
WINTER INSPECTION
AS LOW AS
\$39.95
INC. HST
EXCL. TIRE
REPLACEMENT

DON'T HAVE HEAT PROBLEMS!
RAD FLUSH & FILL
From
\$68.95

HEAVY DUTY
BATTERIES
From
\$85.00

Sale Expires: October 31, 2011

MICHELIN

Murdoch's

ONE STOP TIRE & AUTOMOTIVE
• PROFESSIONALS FOR 52 YEARS •
285 Killaly Street W., Port Colborne 835-8832 www.murdochstire.com



"My parents are in the drivers seat getting their insurance advice from Whites' Insurance"
For Competitive Prices, Call for a Free Quote Today!



David Barrick



WHITES'
INSURANCE BROKERS
905-634-3228



Sandy White

45 Clarence St. W. Port Colborne • www.vergeinsurance.com

■ BIA: Businesses team up with city



DAVE JOHNSON Staff Photo

A horse and carriage ride was part of the Harvest Fall Festival put on by Downtown BIA and the city's economic development, tourism and marketing department Friday and Saturday.

Great weather for festival

DAVE JOHNSON
InPort News Staff

PONT COLBORNE — The Downtown BIA and city's economic development, tourism and marketing department couldn't have asked for better weather for the inaugural Harvest Fall festival last Friday and Saturday.

The festival kicked off Friday with downtown businesses, many of which decorated their stores, holding sidewalk sales.

Unfortunately, a set of hay bales being used as decoration in front of the former Winchester Arms was set on fire on the Friday night.

Port Colborne Fire and Emergency Services firefighters quickly extinguished the blaze and fire Chief Tom

Cartwright and fire prevention officer Mike Bendia made the decision to remove all the hay bales from the downtown core.

"It's unfortunate," said Cartwright of the incident.

He and Bendia said many of the bales were up against the front of the stores and local businesses and if they had been left overnight and set on fire, could have caused major damage or a structure fire.

Rosemarie Poisson, member of the Downtown BIA, whose business is Canalside, said members understood why the fire service removed the bales, which had been donated by The Mill Greenhouses.

see HARVEST | page 7



4 DAYS OF SAVINGS!

Starts Thursday
October 27, 2011
7:00am

287 West Side Rd.,
Port Colborne Mall
905-833-1155



■ HARVEST



DAVE JOHNSON Staff Photo

A busker performs on Saturday in Port Colborne. He was part of the Harvest Fall Festival put on by Downtown BIA and the city's economic development, tourism and marketing department Friday and Saturday.

AIR DUCT SYSTEM CLEANING



Do you suffer from headaches,

allergies, asthma or nasal congestion?

Clean Air Ducts can help
you breathe easier.

Autumn Savings!

• Mold • Mildew

• Fungus • Dirt

• Carpet Fibers

• Cigarette Smoke

• Pet Dander

• Dust Mites

• Indoor air can be 70% More Pollutant than outdoor air

• Clean Ducts reduces Gas/Hydro Bills

Customer Satisfaction Guaranteed

Over 17 Years Experience

"We Care about the Air You Breathe."

Valid Professional Carpet Cleaning & AirDuct System Cleaning Services

905-834-4499

Port Colborne, ON
SERVING THE NIAGARA REGION

www.allcleaning.ca

AIR DUCT CLEANING

SAVE \$30
INCLUDES:
ALL
HOOD
UPs

Reg. \$109 Now \$79 + \$8 per vent

FREE Disinfectant

SAVE \$39
Benefit 100% Natural Disinfectant

DRYER VENT CLEANING

Showering at
Costs over 1000 more cents



BIA plans to hold festival each year

FROM PAGE 6

She said the fire didn't dampen the spirits of the businesses and the festival carried on.

On Saturday, the festival began at noon at Canalside with a hotdog sale, the proceeds of which were going toward Port Cares.

"Saturday is the big day," said Poisson, as residents and visitors started to fill the streets.

A clown and a busker on stilts roamed the streets of the downtown, making things lighter and amusing passersby in cars.

Poisson said a number of events took place at King George Park, with a free craft area, complimentary fall har-

vest photographs sponsored by Allegro Pharmacy taken in front of a fall display, and a fall mum and planter sale by Renee's Greenhouses, which benefited Port Cares.

Horse and carriage rides, by Sentinel Carriages, were available at Market Square, Candy Safari served hot apple cider and Ten Thousand Villages offered complimentary free trade coffee. There was also a free product sampling at Artie's Flowers and Gifts and Canalside Kitchen Store.

"We hope to make this an annual event," said Poisson.

*djohanson@wellandtribune.ca
Twitter: @DaveTheTribune*



DAVE JOHNSON Staff Photo

Taylor Fraser, left, helps Alissa Gardonyi, 4, right, paint a pumpkin at the Harvest Fall Festival put on by Downtown BIA and the city's economic development, tourism and marketing department Friday and Saturday.

It's Never Too Late to Lose Weight

It always seems to be a huge challenge trying to keep fit, trim and healthy. It's so much easier to be led astray by lousy food and an inactive lifestyle. However, it is possible to win the battle of the bulge.

Nutri TRIM is the ideal supplement for weight management and it can also help to improve your fat metabolism. Nutri TRIM is formulated to help you lose inches, burn away fat and reduce cellulite. This all-natural formula features premium quality CLA and Omega-3, plus proven weight loss herbs for maximum results.

Especially beneficial for weight loss, CLA can help to trim and tone your body in the right places by helping to build lean muscle mass and burn body fat. Lean muscles are small, smooth, well-proportioned and excellent fat burners. The more lean muscle you have, the more calories you burn -- even when you are fast asleep!



Do You Know Joe? Joe Horvat is a trusted natural health retailer who has been helping to keep Wellandians healthy for over 17 years. Joe knows all about your many natural health options. He is a Nutritional Consultant, Iridologist and a Digestive Care Consultant. Better health is just around the corner.



**Rosemary's
Natural
Choices**

95 Lincoln Street (St. Charles Plaza)

I Block South of Pupos in Welland

Phone: 905 714-0586

www.rosemarysnaturalchoices.com

Information is provided for reference only. For specific health issues consult your local natural health practitioner.

inPortbriefs

BOY, 14, CRASHES CAR

PORT COLBORNE — Niagara Regional Police are issuing a warning about a toxic plant after a 14-year-old who may have ingested it crashed into a light standard last week.

The plant is called Jimson Weed and police said it carries a high incidence

of overdose, hospitalization and has frequently resulted in fatalities. A 14-year-old boy was driving a Toyota Camry on Donlea Dr. about 4:15 p.m. on Tuesday, Oct. 4. He lost control of the car on Royal Rd., which runs off Donlea, and crashed into a metal light standard and large tree. He suffered

minor injuries. He has been charged with theft over \$5,000 and dangerous driving.

Police said they believe the use of an illicit drug was a factor in the crash.

"It has been established that a substance was consumed with the belief that it was marijuana.

Subsequent police and medical investigation strongly suggest that the substance ingested was Jimson Weed," police said in a news release.

COPS SEIZE COCAINE, PILLS, STOLEN COPPER

PORT COLBORNE — A 34-year-old Port Colborne man is facing numerous charges after a police investigation into cocaine sales.

Police began to receive information in the late summer of a man selling cocaine throughout the city.

On Tuesday, Oct. 4, police executed a search warrant at a Main St. W. hotel room.

Police seized about \$1,380 worth of cocaine, \$380 worth of prescription pills, more than \$500 cash and a large amount of stolen copper.

Charged with two counts of possession of a controlled substance for the purpose of trafficking, possession of proceeds of property obtained by crime under \$5,000 and possession of property obtained by crime under \$5,000 is Jeremy Rankin.

BROTHERS BUSTED FOR ALLEGED DRUG SALES

PORT COLBORNE — Niagara Regional Police have arrested and charged two Port Colborne brothers following an investigation into alleged drug sales in the city.

Police executed a search warrant at a Main St. W. hotel in Port Colborne recently and seized about \$2,500 worth of drugs, including cocaine and prescription drugs, and more than \$500 in cash.

Charged with two counts of possession of a controlled substance for the purpose of trafficking and one count of possession of proceeds of property obtained by crime under \$5,000, each are Cheryl Caperchione, 59, and Edward Caperchione, 50.



PORTAL VILLAGE PLAZA

YOUR HEARING IS IMPORTANT TO YOU AND TO US

We are independently owned and family operated for unbiased recommendations of the latest hearing technology.



CHERYL SMITH CAPERCHIONE
Hearing Instrument Specialist

Personalized Service
SMITH OPTICAL
Vision & Hearing Care

482 Steele St.

905-835-6607

Port Colborne

LET US HELP YOU LOOK LIKE A PRO

Largest Selection of Mens Frames in Area
Personalized Service



GREG NORMAN

LENS SPECIALS

FRAMES @ DISCOUNT PRICES
Transitions[®]
Lenses

Bring Your Vision Prescription to

SMITH OPTICAL

Licensed Optician

482 Steele St. 905-835-6607 Port Colborne
EYE EXAMS ARRANGED

SAPPHIRES

CUSTOM JEWELLERY BY THOMAS STEELE



We Buy Gold
by appointment

Make an appointment for your complimentary consultation.

We buy your unwanted or broken Gold, Platinum and Silver. Diamonds will be considered. Your jewellery will be evaluated and tested in-store.

Serving Niagara for 23 years 905-892-3732
Custom designing • Repairs • Appraisals • on premises

Fonthill Shopping Centre Hwy 20 • www.sapphiresjewellers.com

■ GOLF: Funds raised for Wainfleet Community Fund



DAVE JOHNSON Staff Photo

Ald. David Wyatt, Mayor April Jeffs and Ald. Betty Konc hold Wainfleet's flag with Niagara Region Chair Gary Burroughs at Port Colborne Country Club on Wednesday. Jeffs held her first Municipal Leadership Golf Championship with 44 politicians and staff members from across Niagara. Funds raised from the day will go toward the Wainfleet Community Fund.

licence2view

ONTARIO
LOG X
YOURS TO DISCOVER

Each week we will print 6 licence plate numbers. If your licence plate number is listed, be the first caller to leave a message with your name, telephone number and time of call.

CALL 905-732-2414 EXT 392

ONTARIO
SOOR Z
YOURS TO DISCOVER

INPORT NEWS

ONTARIO
RED SOX
YOURS TO DISCOVER



281 King Street
Port Colborne 905-834-9744

ONTARIO
KURLY 4
YOURS TO DISCOVER

NEW RELEASE SPECIAL

Rent any 4 new release
DVD/ Blu Ray Movies
for \$19.99 and keep
them for 7 days

WIN
2 JUMBO VIDEO COUPONS

Four Movies
for 7 Days
\$19.99

ONTARIO
BLKBETTE
YOURS TO DISCOVER

High rate. Low worry.
The way a GIC
should be.

imagine
that



Your money. Your way. Imagine that.

3-YEAR
ESCALATOR GIC
2.50%*
YEAR 3 RATE

You get market-leading rates, you can cash out annually without penalties and you never lose your principal investment. Sounds like a win-win-win situation.

Visit a branch or meridianbanking.ca

TMTrademarks of Meridian Credit Union Limited.

*The posted interest rate is calculated at the yearly rate and paid annually or compounded annually and paid at maturity: 1.85% in year one, 2.00% in year two, 2.50% in year three. Certain restrictions apply. See branch or meridianbanking.ca for further details. Rates subject to change without notice.

■ ENTERTAINER



NICOLE LEJEUNE
For InPort News

PORT COLBORNE — Comedian Joe Crawford will be celebrating his 10th anniversary by touring Niagara with his act, a combination of stand-up, singing, impersonations and an overall fun family evening.

The Port Colborne native is quite the jack of all trades. Not only does he perform to excited audiences, he also plays piano, organ, acts as a master of ceremonies and DJs for various events.

Crawford also hosts his own online radio show where he has interviewed an array of lively guests such as Colin Mochrie, Martin Short and Ron James.

For Crawford's upcom-

ing mini tour across Niagara he will be performing at the Dunnville Legion in Dunnville on Oct. 15, the Rose City Kids Theatre in Welland on Oct. 21, the First United Methodist Church in his hometown of Port Colborne on Nov. 12 (formerly on Nov. 5) and at the St. Andrew's Church in St. Catharines on Nov. 18.

The proceeds from Crawford's shows, called Joe Crawford Live, will be given to charities and organizations within the communities he'll

be performing in.

When asked what showgoers can expect from his anniversary tour, Crawford says he runs a very "family-oriented and clean show." He will be performing all of his musical impersonations "Dolly Parton is kind of my signature act but I'll be doing all of my impersonations for each show whereas I usually like to break them up. It's going to be crazy."

Apart from his audience favourite, Dolly Parton, his comedy show will also involve impersonations of Elvis Presley, Sonny and Cher and Crawford says he'll be showcasing two new acts, Tina Turner and Elton John.

Handout photo
Comedian Joe Crawford will be touring across Niagara. His act includes stand-up, singing and impersonations

I say my show is about 60/40 — 60% of my show is prepared with my acts and then I like to get the audience to participate with the jokes."

Joe Crawford

The ambitious comedian sings familiar tunes from the oldies, plays some safe crack as well as tells jokes and lies to get the audience involved. "I'd say my show is about 60/40 — 60% of my show is prepared with my acts and then I like to get the audience to participate with the jokes." He says this formula changes the dynamic between himself and his audience and allows for more improvisation, though the two shows exactly alike.

Tickets to Crawford's shows are \$10 in advance and can be bought by leaving a message at the box office 289-241-2128 or can be bought in person at the Dunnville Legion, Friends Over 55 Center in Port Colborne or the Icebox in Port Colborne. Tickets can also be bought at the door on the night of the show for \$15. Doors are open at 6:30 p.m. and the show begins at 7 p.m.



Stop losing money to an inefficient home

Get up to \$5000 to make your home more energy efficient

The Government of Canada's **ecoENERGY** program is creating jobs and helping Canadians save money now and on future energy bills. Act now, don't delay. Your evaluations and retrofits need to be completed before **March 31, 2012**.

Visit ActionPlan.gc.ca/homes
or call 1 800 O-Canada
to learn more.



Bank note images used and altered with permission of the © Bank of Canada



Government
of Canada

Gouvernement
du Canada

Canada

■ LEASE

Port Colborne Hydro sold to Canadian Niagara Power

MARYANNE FIRTH
InPort News Staff

POR T COLBORNE — After 10 years of leasing Port Colborne Hydro Inc. Canadian Niagara Power will purchase the utility at a cost of \$6.9 million.

Port Colborne city council approved a resolution recently that allows the

transaction to move forward. The \$6.9 million will be received by the buyer by the end of the 10-year leasing term. In total, the city receives \$15.6 million for the transaction.

Mark Rodgers, representing Toronto legal firm Borden Ladner Gervais LLP, presented the resolution to council via teleconference.

As part of the 10-year leasing agreement, CNP will own the utility and lease the leased assets at the end of the lease term. Funds acquired through the sale have been earmarked by council to assist with the cost of the city's new health and wellness centre, for which construction is underway.

Before agreeing to the sale, it was important for the city to gain a clear understanding from CNP about what the impact would be for ratepayers after the deal closes, Rodgers said.

CNP has indicated there are no major increases expected in Port Colborne rates, as the company has no capital expenditures in the

near horizon, he said.

"That's as much comfort as you're probably going to get," Rodgers told council.

The city's MAAD application (Mergers, Acquisitions, Amalgamations and Divestitures), which is needed anytime there is a merger or transfer of utilities, is expected to be filed with the Ontario Energy Board

within the next week or two, Rodgers said.

The deal between CNP

and Port Colborne ends April 15, 2012.

The deal has not only brought the city financial benefits, but has seen CNP accelerate more than 10 years of capital work in a single year's time, said Mayor Vance Badaway.

GIANT TIGER
200 FITCH STREET WELLAND

FALL SAVINGS EVENT!!!

Friday, Oct. 14th to Sunday, Oct. 16th

Shop Early!!! While Quantities last!!!



DOOR CRASHER!!!
OLD DUTCH LAUNDRY DETERGENT

\$2.49 *Morning Breeze *Summer Fresh
REGULAR \$3.99

LAWN AND LEAF BAGS

\$2.47 *5 Pack
REGULAR \$2.67

ALWAYS FRESH! FRUIT AND VEGETABLE CONTAINERS

\$7.00 *10 Piece Set
COMPARE AT \$19.95

CORNINGWARE 2.5 QUART OVAL DISH

\$4.00
COMPARE AT \$19.99

DOOR CRASHER!!!
40 PACK BREEZY DRYER SHEETS

83¢ REGULAR \$1.67

CASCADE BATHROOM TISSUE

\$1.24 *4 Double Rolls
With Coupon on Package
COMPARE AT \$3.49

SOAP MAGIC HANDS FREE SOAP DISPENSER

\$9.97 COMPARE AT \$24.97

DELUXE DRYER RACK

\$7.00
REGULAR \$19.97

SAVE \$1.50!



LIMIT 4

1/2 PRICE!



LIMIT 6

GREAT DEAL!



LAWN AND LEAF BAGS

\$2.47 *5 Pack
REGULAR \$2.67

LIMIT 4

AS SEEN ON TV!



ALWAYS FRESH! FRUIT AND VEGETABLE CONTAINERS

\$7.00 *10 Piece Set
COMPARE AT \$19.95

LIMIT 3

AS SEEN ON TV!



CORNINGWARE 2.5 QUART OVAL DISH

\$4.00
COMPARE AT \$19.99

LIMIT 3

HUGE SAVINGS!



SOAP MAGIC HANDS FREE SOAP DISPENSER

\$9.97 COMPARE AT \$24.97

LIMIT 3



CASCADE BATHROOM TISSUE

\$1.24 *4 Double Rolls
With Coupon on Package
COMPARE AT \$3.49

LIMIT 4



DELUXE DRYER RACK

\$7.00
REGULAR \$19.97

LIMIT 3

FITCH STREET WELLAND STORE ONLY!!!



■ **PORTRAIT:** Erin Wilson spent three weeks in the country

Getting a better picture of Iraq

DAVE JOHNSON
InPort News Staff

PORTRAIT: PORT COLBORNE — Erin Wilson had no idea what to expect when she landed in Sulaymaniyah, Iraq, in late August to teach photography skills to disadvantaged youths.

"I had this concept of Iraq that came from mass media," the Port Colborne woman said.

"I knew about the war and heard about the danger. I didn't know anything about the culture or the history of the Kurdish people."

INPORT
I felt safe here, safe in a way I haven't felt in a lot of other cities. It's not in the Kurdish culture to steal and I never had to worry about leaving my camera bag alone."

Erin Wilson

What she found was a very safe city with people who were very friendly, welcoming and happy to see her.

"The people were more friendly than I could imagine," Wilson said, adding hospitality is "massive" in Kurdish culture.

Wilson said because she "sticks out in a lot of ways" people in the city were staring at her, but it wasn't considered to be rude.

"It was a little odd at first. Once I caught the eye of someone staring, I smiled at them and greeted them,



Supplied photo

One of the children in the One-Shot Project in Sulaymaniyah, Iraq, readies a camera. Port Colborne's Erin Wilson was in Iraq for two weeks teaching photography to children from a government-run orphanage.

they'd smile back and greet me. I find it's good to meet curiosity with openness."

She said people thanked her for visiting the city and Iraq, adding they aren't unaware of the reputation the country has across the world.

"I felt safe here, safe in a way I haven't felt in a lot of other cities. It's not in the Kurdish culture to steal and I never had to worry about leaving my camera bag alone."

Wilson said there were money bags in a bazaar at left large wads of various currencies sitting in

the open and no one would think of trying to take them.

"It's completely different than anything I've experienced before," said Wilson, who has been to India and Africa.

When she was in the bazaar, while on a break from her One-Shot



Supplied photo
One of the children in the One-Shot Project in Sulaymaniyah, Iraq, takes a photo. A translator assisting with the project, Port Colborne's Erin Wilson was in Iraq for two weeks teaching photography to children from a government-run orphanage.

Project teaching gig, many of the vendors would welcome her right into their stalls. They were very open to having their photos taken and wanted her to take them.

While taking photos in the bazaar, she'd occasionally look back and see a group of people watching her work, which she found a little different.

"Photos are actually a really big deal to them. When I was done at the bazaar, I went and had prints made of the vendors I visited. I went back the next day to give them their prints and most recognized me right away. They were very pleased to have their photos. It was one of the highlights of my trip."

As for the assumption that all of the women are dressed in burkas and the men in flowing robes, Wilson said that's far from what people in Sulaymaniyah dressed like.

"The translators I worked with ... she looked like someone you'd find on the streets here, you'd never know the difference."

She said there is a mix of traditional clothing worn by men and women, but it is usually the older people that would be found wearing it.

When first arriving in Sulaymaniyah, a large city in the northern part of Iraq, she said it was the end of summer and it was hot, dusty and dry.

"Quite a bit different from living here in humid southern Ontario."

BrandName
SHOE WAREHOUSE

HUGE BRAND NAME SHOE SALE



UGG
australia
WOMEN

ROXY
WOMEN
\$69.99



BrandName
SHOE WAREHOUSE

NIAGARA FALLS

6604 LUNDY'S LANE • 905-356-0756

BEAMSVILLE

4986 KING STREET • 905-563-9762

PORT COLBORNE

58 PROSPERITY AVE • 905-834-7464

DUNNVILLE

205 QUEEN ST • 905-701-5717

■ PHOTOGRAPHY

Iraqi children catch shutter bug

FROM PAGE 12

She stayed on the outskirts of the city, with a population of about 650,000, in the sixth-storey apartment of Heber Vega, a Chilean humanitarian and cultural photographer who launched the One-Shot Project.

Wilson has created for economically, physically and socially disadvantaged 10- to 17-year-old Iraqi youths living in unfavourable conditions. It is all about giving opportunities through vocational training in photography and multimedia, while teaching peacemaking values.

Wilson started working with the youths, all from a government-run orphanage, a Monday morning and said from the very start, the "kids just amaze me."

"They were very curious and eager to learn; you could see them sitting on the edge of their seats. Everything in their body language showed they were totally into it."

They were very curious and eager to learn; you could see them sitting on the edge of their seats."

Erin Wilson

Despite a mix of point-and-shoot cameras, with manuals in English, Wilson said some boys quickly picked up on how to use them. Her job in with the One-Shot Project was to set up a lesson plan and teach the students each day a week before school started. She'd present various topics, such as lighting and framing, with the help of a group of female translators from a local university.

She said the translators did a fantastic job getting the concepts across.

A review of the children's work was carried out each day, with critiques and positive feedback. They were also asked what they thought of the lessons. Wilson said the children were learning from each other well.

Some of the photos she was seeing produced were "brilliant."

Wilson said there were some children who had a natural bent toward photography and could pre-visualize the images they wanted to make. One boy, she said, nailed the concept of framing perfectly and waited for the shot he wanted to get.

Besides herself and Vega, Iraqi photographer Julie Adnan also taught the



Supplied photo

Olive vendor at a bazaar, Sulaymaniyah, Iraq.

children.

With a peacemaking part of the program, Wilson said the photography aspect was not set up to make things competitive between the participants. The children, she said, interacted well with each other.

"The director of the orphanage said he saw a positive change in the students."

Even though she could only stay for three weeks of the project, which wraps up at the end of November, Wilson is still involved with the students.

"I want to go back there for next summer," she said, adding she misses the students.

She hopes to build up a library for the children to leave behind as a legacy of the program. She hopes to see a video component added and a program for girls as well.

"This (project) has opened up some positive avenues for the children. We're hoping to get some of them into an art institute," she said.

Wilson said besides Heber and Adnan, others have stepped up to do what they can to help the children.

Anyone interested in the project, or helping set up a library for the children, can contact Wilson at erinwilson@theoneshotproject.com. More information on the project can be found at www.theoneshotproject.com and www.theoneshotproject.com/blog, where the children's photos can be seen.

■ MARSHVILLE HERITAGE FESTIVAL: Quilt and canoe raffled off



MARYANNE FIRTH Staff Photo

Winner of the quilt, Marianne Heaslip, centre left, and winner of the handmade canoe Joe Szymanski, centre right, received their respective prizes from the Marshville Heritage Festival raffles on Friday. The prizes were presented by festival chair Margaret Robertson, left, and chair of the canoe-building committee Brian Heaslip, right. The canoe raffle raised about \$3,500 and the quilt raffle \$1,000 for the village's building fund.

**GET READY FOR WINTER
SERVICE SPECIAL
NOW ON!**



Book now for service on your
tractor, snowblower & other equipment!



Book now to have your tractor mounted
snowblower installed and serviced!

**SAVE
10%**
ON PARTS FROM OUR
PRODUCT LINE

**SAVE
10%**
ON LABOUR

**SAVE
50%**
ON PICK UP
& DELIVERY

905-899-3405

Ask for Dave T.

*Offer valid until November 30, 2011 only.



**Ben Berg Farm & Industrial
Equipment Ltd.**
42134 Hwy 3, WAINFLEET



**Today's
Youth...
Tomorrow's
Leader**

■ ARSON: Car and barn burn

Fire deliberately set: police

InPort News Staff

PORT COLBORNE — Niagara Regional Police say a fire at an abandoned barn on Hwy. 140 in Port Colborne on Friday, Sept. 30 was deliberately set to destroy the vehicle for reasons "yet to be proven at this time."

Port Colborne Fire and Emergency Services were called to the fire on Hwy. 140, on the northeast side of the highway, just off Hwy. 1, just north of Main St. East (Hwy. 3) in Port Colborne.

Regional police were also called out and Ontario Provincial Police shut down the highway until the fire was contained.

Police say the fire was quickly extinguished and a black Jaguar was found to have been in the barn. The Jaguar's owner was identified by police as someone who lives in Niagara. The

owner had reported it stolen an hour prior to its discovery by Port Colborne firefighters.

In a release, police say

they are now confident the

fire was purposely set in

order to destroy the vehicle

for reasons "yet to be proven

at this time."

During their investigation, police say they became aware of a dark colored

Jaguar being driven erratically

and recklessly in the

area of Hwy. 1, just north

of Main St. East (Hwy. 3) in

Port Colborne.

The vehicle was observed

a couple of hours prior to

the fire and was last seen

driving east on Second

Conc. towards Hwy. 140. A

small white colored vehicle

with dark tinted windows

was observed following

the Jaguar as both vehicles

drove west on the highway.

The driver of the Jaguar is

described as a white male

in his mid to late 20's, wearing

a baseball cap backwards.

This male was also observed

to have a large diamond ear-

ring in his left ear.

Anyone with information

that may assist in this inves-

tigation is urged to contact

police at 905-735-7811 ext.

3343.

Information on crime can

be submitted anonymously

using Crime Stoppers of

Niagara. To leave an anonymous tip, please contact

Crime Stoppers via: 1-800-

222-8477 ("TIPS").

www.niagaratips.com, or

by text to 274637 ("CRIMES"),

or by keyword 'Niagara', then the

tip.

■ CONSTRUCTION: Main St. shaping up



DAVE JOHNSON Staff Photo

Workers move steel plates into place along the weir bridge on Main St. W. in Port Colborne on Wednesday. The work is part of the revitalization of the street and will include bump-outs along the sidewalk for people to overlook the weir.

*We'll give you something to
SMILE about!*

Full & Random Hours • Emergencies & Hours Calls
Free Consultations • Upfront & Fair Dues
• Same Day Repair & Refine Service Available
Norbert Gieger » 905.835-2155

2nd Annual
Fonthill & District
Kinsmen

GRAFT SHOW

Formerly Women's Place Craft Show

October 15 & 16,

10am - 5pm

Centennial Secondary School
Thorold Road, Welland

for details visit www.ocna.org
or call 905.639.8720 ext. 239

NOMINATE SOMEONE TODAY!

Nominations will be accepted until November 30

ONTARIO JUNIOR CITIZEN OF THE YEAR AWARDS



Sponsored by:



■ CANALSIDE KITCHEN



EDDIE CHAU
InPort News Staff

PORT COLBORNE — Local is something Canalside Pub and Eatery has been adhering to for years.

As a restaurateur, Rosemarie Poisson always believed in utilizing the best the area (or province) had to offer. Whether it was using kitchen and dining wares or buying fresh ingredients from the farmers' market, supporting local producers was something Poisson and her husband Greg believed in for their business.

Now after five years of operating their restaurant on historic West St. the Canalside brand expanded into the retail world. The entrepreneurial Poisson opened the Canalside Kitchen Store next door to the restaurant at 230 West St. this Friday.

"We've been in business for five years so this seemed like the next logical step," Poisson said. "We're opening a kitchen store and supplying stuff to the public we've been able to find for our restaurant over the last five years. It's a good compliment to the restaurant. Everything we sell is food-related and we love food."

The store will feature unique items, including kitchenware and food products. All with an emphasis on being Canadian-made, Poisson said.

"Most of the food products are made in Canada," Poisson said. "Honey

will be from White Meadows Farms in Evingham. Soap is being made by Handmade on Main in Port Colborne.

My candle are made in Port Colborne. Our kitchen stuff is from Trudeau Corp., which is Canadian and has been around for 122 years. They are good

quality products that are unique and local."

Canalside Kitchen Store is open seven days a week from 11 a.m. to 7 p.m. with extended hours until 8 p.m. on Fridays. For more information call 905-834-6090.

Restaurateurs invite you into their store

SPOTLIGHT on service

Reduce Your Utility Bills With Energy Efficient Thermal Replacement Windows

• Solid Vinyl Frames & Sashes • Low E Argon • Tilt In

James A.
Fleming

Need
Financing?
We Can Help



Call for a FREE
NO OBLIGATION
QUOTE

(905) 835-8062

When the electricity fails...
How will you be
AFFECTED?

Custom Designed Stand-by Power
Installations to Suit Your Needs

Cornell Fenestra Electric Ltd.

All Types of Electrical Installation
Pole Line Installation & Aerial Bucket Truck Service
Call: 905-899-2373 • Fax: 905-899-2383

NORTHEND AUTOMOTIVE INDUSTRIAL & TIRE



**OIL CHANGES
to fit your BUDGET
Starting at \$24.99**

(Ask for details)

FREE Engine Flush
with the purchase of our
PREMIUM OIL CHANGE!
*Must present ad. Premium Oil Change starts
at \$36.99, while quantities last.

**ALIGNMENTS
(small vehicles)**

\$59.99

- Custom Exhaust - Stainless, Mufflers, Catalytic Converters
- WARRANTY APPROVED Maintenance & Oil Changes • Brakes/Suspension
- Electrical Diagnostics • A/C Repair/Drive Line Repairs
- Alignments • Heavy Duty Maintenance • Diesel Repair

57 Prosperity at Elm St, Port Colborne • 905-835-5115



We accept any size tires, on or off rims.
Truck loads accepted at our facility.
Sorry We Do Not Unload Tires

We Sell New & Used Tires!

**TEMPERATURES ARE
FALLING!**



CALL FOR A FREE ESTIMATE
ON FURNACE &
AIR CONDITIONING PACKAGES

WE SERVICE ALL MAKES & MODELS!
Heating & Air Conditioning
Residential - Commercial

BOB REID 905-892-7787



■ **SUNDAY:** Country Walk takes place

Walking in strength, hope and courage

InPort News Staff

POR T COLBORNE — Since the Country Walk for Breast Cancer started in 1994, \$375,000 has been raised for breast cancer research. About \$297,000 has gone toward the mammography department at Port Colborne hospital, which now has the Ramona Pizzo-Bonnie Jackson

Breast Screening Centre, says Terri Pizzo, one of the walk's founders.

"We are hoping to hit \$400,000 this year. In order to maintain the best equipment, education and assistance ... we must continue to raise much-needed funds for the mammography department."

"To meet the Ontario Radiology Accreditation, con-

stant upgrading and ongoing maintenance is needed for all equipment. It's important to keep raising money," says Pizzo.

The hospital centre bears the name of two people close to Pizzo, her mother Ramona Pizzo, who died of breast cancer, and friend and fellow walk founder Bonnie Jackson, a two-time cancer survivor.

The walk — which takes

place Sunday, Oct. 16, at Emerald Pines Golf Club on St. Paul Rd. in Port Colborne — started when Pizzo's mother was diagnosed with breast cancer in 1994.

"At that time, I was living in California and in May 1994, I participated in the Revlon Run/Walk, an event for women's cancers. That summer, I came home to Port Colborne

to help out at our family restaurant, talked about the Mother's Day健行 and my mom and our family friend, Bonnie (Jackson), on how much fun and how inspirational it was. I asked Bonnie if in Port Colborne, or anywhere locally, was there an event anything like this. Bonnie said that at that time there was not a walk or any type of awareness

on breast cancer locally."

Pizzo Jackson says the two women started talking about the Revlon Run/Walk when Pizzo asked her if she wanted to organize a walk locally. She said the two of them "just winged it" based on what Pizzo had seen done in California.

see BREAST CANCER | page 19

Visit your Local Merchants



PortColborneHomes.com WainfleetHomes.com

THE ONLY SIGN
YOU REALLY WANT
TO SEE ON YOUR
LAWN IS SOLD!



PORT COLBORNE'S #1 HOME SELLER!
2000, 2001, 2002, 2003, 2004, 2005, 2006,
2007, 2008, 2009, 2010

FRANK RUZYCKI

RE/MAX
WILLIAMS REALTY LTD. BROKERAGE

DIRECT 905-834-7653

OFFICE 905-834-7777

13 Residential Sales Niagara Assoc. of Realtors



Port Colborne Landscaping

Since 1974

Lawn & Bedding Design,
Sodding, Rolling, Aerating,
Cutting, General Lawn &
Garden Maintenance

Bill Colbois

731 Superior St. Port Colborne

905-835-8266



PHOTOGRAPHIC MEMORIES

PASSPORT
PHOTOS
\$9.99
plus tax.

Located in BOGGIO PHARMACY

905-834-2240



DENNIS O'REILLY CONTRACTING AND CARPENTRY

Look no further to get professional results

- Remodeling the Niagara Region for the past decade
- Dedicated to providing the finest quality of service and materials for your dollar
- Written warranties

Always a fast, friendly and **FREE** estimate

"Don't settle on part time service"

Ph: 905-894-8599

Dennis O'Reilly
GENERAL CONTRACTING

"Home from start to finish"

- Bathrooms • Kitchens • Decks • Additions
- Kitchens • Fences • Patios • Carpets

Free Estimates 905-894-8599
www.dennisoreillycontracting.com



classifiedextra.ca

Canada's largest and most trusted
print and online classifieds network



Place it on classifiedextra.ca

Phone: 1-866-541-6757

Online: inportnews.classifiedextra.ca

Fax: 1-866-485-8461

Email: placeit@classifiedextra.ca



Miscellaneous A230

PROFESSIONAL GRADE photographic equipment for sale, cameras, lenses, tripods, lighting, 2 1/4 sq. 4d. All darkroom equipment including Universal developing tanks, lights, backdrops, frame. 1-800-535-6212, www.helitoffs.com or visit our Web Store: www.helitoffsaler.com

CALL NOW

Get it done with
Classified Extra!

classifiedextra.ca
1-866-541-6757

Does this space look
just right for your ad?

Call at
1-866-541-6757 and
make it a reality

classifiedextra.ca

General Employment

CNC MACHINIST & MAINTENANCE MECHANIC

Progressive Machining and Fabricating Plant located in the Niagara Region is currently seeking

CNC Lathe and CNC HORIZ & VERT Mill Setup Operators.

- Must have a full knowledge of CNC lathes or Mills and Fanuc controls
- Ability to perform complete set-ups and CNC programming / editing
- Trouble shooting abilities for work with a wide variety of materials
- Experience in reading blue print and use of precision measuring instruments

These positions require:

- Minimum of 5 years directly related experience
- Willingness and flexibility to respond to rush and emergency work
- Ability to work in a team environment, with minimal supervision
- A desire for continuous improvement and passion for excellence

A Maintenance Mechanic is also required with experience in machine installations, preventative maintenance, trouble shooting and general repairs in manufacturing and plant equipment.

- Three to five years experience in manufacturing environment
- Must have Maintenance Mechanic designation
- Able to read blueprints and schematic drawings
- Knowledge of hydraulics, pneumatics and mechanical processes

Resumes may be submitted to:

Human Resources
P.O. Box 53
Thorold, Ontario
L2V 3Y7

Phone: 1-866-541-6757

Online: inportnews.classifiedextra.ca

Fax: 1-866-485-8461

Email: placeit@classifiedextra.ca

Wanted A230

PROFESSIONAL GRADE photographic equipment for sale, cameras, lenses, tripods, lighting, 2 1/4 sq. 4d. All darkroom equipment including Universal developing tanks, lights, backdrops, frame. 1-800-535-6212, www.helitoffs.com or visit our Web Store: www.helitoffsaler.com

Find the right person for the job! Advertise with

classifiedextra.ca

SELL IT, FIND IT, BUY IT

Wanted A230

PROFESSIONAL GRADE photographic equipment for sale, cameras, lenses, tripods, lighting, 2 1/4 sq. 4d. All darkroom equipment including Universal developing tanks, lights, backdrops, frame. 1-800-535-6212, www.helitoffs.com or visit our Web Store: www.helitoffsaler.com

Find the right person for the job! Advertise with

classifiedextra.ca

SELL IT, FIND IT, BUY IT

Cars A400

Great VALUE!

2006 FORD FOCUS V4

only \$6,100. **\$2850.00**

609-952-1115

classifiedextra.ca

SELL IT, FIND IT, BUY IT

Drywall/ Plaster S180

ATKINSON Delivery & Bobcat Services

Storage, Mulch,

Sand & Mulch

Stone Driveway Repairs

Septic Systems

Custom Drainage

Installations

(905)658-0625

classifiedextra.ca

SELL IT, FIND IT, BUY IT

Business/ Franchise Opps S380

ATTENTION READERS

classifiedextra.ca

strongly urges readers

to investigate

potential BUSINESS

FRANCHISE

Opportunities before

sending money in

response to any

advertisements.

EARN UP TO

25% PROFIT

Undercover to just sell

and **install** a

establishment.

Business

Opportunities

Required.

If you can

Shop

You Are

On Your Way

to Success

Visit www.myshopperjobs.com

THIS IS NOT THE ER.

THIS IS YOUR LIVING ROOM.

Chances are, if someone in your family experiences cardiac arrest, it will happen at home. Are you prepared? Learn CPR. Stop cardiac arrest from taking its next life. Learn more at heartandstroke.ca



PUPO'S

Corner of
Maple Ave. and
Prince Charles
Drive

D'ITALIANO BREAD

675g loaf



2/\$4

SPECIALS in effect Friday Oct. 14th to closing Thursday Oct. 20th, 2011 • OPEN SAT. 8-6, SUN. 10-5, MON., TUES., WED. 9-6, THURS. & FRI. 9-9

CUT FROM CANADA AA AND AAA BEEF PUPO'S REGULAR GROUND BEEF

SAVE
\$1.20
LB.
3 Pkg Limit

199
lb.

FRESH PORK BONELESS PORK LOIN SCHNITZEL 1/2 PRICE 4.99 lb.

DELMONTE FRUIT PEACHES, FRUIT COCKTAIL, PEARS, VERY CHERRY 14 oz Can 1/2 PRICE \$1 12 Can Limit

DELMONTE PEAS, CREAMED CORN, PEACHES & CREAM CORN, GREEN OR WAX BEANS 12 oz/34 oz cans \$1

NO. 1 GRADE ONTARIO RED DELICIOUS APPLES 99¢ lb.

NO. 1 GRADE ONTARIO FLEMISH BEAUTY PEARS LIMITED CROP ENJOY NOW! 129 lb.

D'ITALIANO BREAD

675g loaf

CUT FROM OMAHA CHOICE BEEF BONELESS

NEW YORK STRIP STEAKS

1/2
PRICE

699
lb.

Surf & Turf Special
CARIBBEAN LOBSTER TAILS
FROZEN 8 OZ. SIZE
99¢
each

FRESH PORK PUPO'S HOT OR MILD ITALIAN SAUSAGE SAVE \$1.00 LB. 3.99 lb.

FRESH ONTARIO PORK IDEAL FOR PULLED PORK SHOULDER BUTT ROAST 1/2 PRICE 1.99 lb.

QUAKER CRISPY MINIS RICE CAKES 1/2 PRICE \$1 4 Pkg Limit

ROMAN BRAND LASAGNA OR CANNELLONI 2 lb./2.25 lb. tray \$2.50 3.99 6 Pkg Limit

POWERADE 710 ml Bottle \$1

BRAVO SPAGHETTI SAUCE 680 ml can \$1

STONEY CREEK DAIRY ICE CREAM 1.89 litre carton \$2.50 3.99

NO. 1 GRADE ONTARIO WHITE POTATOES 10 lb. Bag 149 2 Bag Limit

NO. 1 GRADE ONTARIO WHITE POTATOES 10 lb. Bag 149 2 Bag Limit

NO. 1 GRADE CALIFORNIA "ANDY BOY" BROCCOLI 99¢ Bunch

NO. 1 GRADE ONTARIO CAULIFLOWER 149 EACH